

TOPIC	Dates	Time	Area	Venue
Introduction to Autism	19 th Sep 2018	9:30-12:30	Bridport	Children's Centre, Skilling Hill Rd, DT6 5LA
	8 th Nov 2018	9:30-12:30	Bournemouth	Faithworks, Winton Methodist Church, Heron Court Road, BH9 1DE
	17 th Jan 2019	9:30-12:30	Gillingham	Gillingham school
	21 st Feb 2019	9:30-12:30	Poole	Central Library, Dolphin Centre, Poole
	2 nd May 2019	9:30-12:30	Blandford	Skills & Learning Adult Education Centre
	6 th Jun 2019	9:30-12:30	Weymouth	Skills & Learning Adult Education Centre
Understanding Self-Esteem	19 th Sep 2018	13:00-16:00	Bridport	Children's Centre, Skilling Hill Rd, DT6 5LA
	8 th Nov 2018	13:00-16:00	Bournemouth	Faithworks, Winton Methodist Church, Heron Court Road, BH9 1DE
	17 th Jan 2019	13:00-16:00	Gillingham	Gillingham school
	21 st Feb 2019	13:00-16:00	Poole	Central Library, Dolphin Centre, Poole
	2 nd May 2019	13:00-16:00	Blandford	Skills & Learning Adult Education Centre
	6 th Jun 2019	13:00-16:00	Weymouth	Skills & Learning Adult Education Centre
Drugs & Addiction	26 Sep 2018	9:30-12:30	Bridport	Children's Centre, Skilling Hill Rd, DT6 5LA
	15 th Nov 2018	9:30-12:30	Bournemouth	Faithworks, Winton Methodist Church, Heron Court Road, BH9 1DE
	24 th Jan 2019	9:30-12:30	Gillingham	Gillingham school
	28 th Feb 2019	9:30-12:30	Poole	Central Library, Dolphin Centre, Poole
	9 th May 2019	9:30-12:30	Blandford	Skills & Learning Adult Education Centre
	13 th Jun 2019	9:30-12:30	Weymouth	Skills & Learning Adult Education Centre
Assertiveness	26 Sep 2018	13:00-16:00	Bridport	Children's Centre, Skilling Hill Rd, DT6 5LA
	15 th Nov 2018	13:00-16:00	Bournemouth	Faithworks, Winton Methodist Church, Heron Court Road, BH9 1DE
	24 th Jan 2019	13:00-16:00	Gillingham	Gillingham school
	28 th Feb 2019	13:00-16:00	Poole	Central Library, Dolphin Centre, Poole
	9 th May 2019	13:00-16:00	Blandford	Skills & Learning Adult Education Centre
	13 th Jun 2019	13:00-16:00	Weymouth	Skills & Learning Adult Education Centre
Understanding Anger	10 Oct 2018	9:30-12:30	Bridport	Children's Centre, Skilling Hill Rd, DT6 5LA
	22 nd Nov 2018	9:30-12:30	Bournemouth	Faithworks, Winton Methodist Church, Heron Court Road, BH9 1DE
	31 st Jan 2019	9:30-12:30	Gillingham	Gillingham school
	14 th Mar 2019	9:30-12:30	Poole	Central Library, Dolphin Centre, Poole
	16 th May 2019	9:30-12:30	Blandford	Skills & Learning Adult Education Centre
	20 th Jun 2019	9:30-12:30	Weymouth	Skills & Learning Adult Education Centre
Communicating with Teenagers	10 th Oct 2018	13:00-16:00	Bridport	Children's Centre, Skilling Hill Rd, DT6 5LA
	22 nd Nov 2018	13:00-16:00	Bournemouth	Faithworks, Winton Methodist Church, Heron Court Road, BH9 1DE
	31 st Jan 2019	13:00-16:00	Gillingham	Gillingham school
	14 th Mar 2019	13:00-16:00	Poole	Central Library, Dolphin Centre, Poole
	16 th May 2019	13:00-16:00	Blandford	Skills & Learning Adult Education Centre
	20 th Jun 2019	13:00-16:00	Weymouth	Skills & Learning Adult Education Centre
Stress, Anxiety & Depression	17 th Oct 2018	9:30-12:30	Bridport	Children's Centre, Skilling Hill Rd, DT6 5LA
	29 th Nov 2018	9:30-12:30	Bournemouth	Faithworks, Winton Methodist Church, Heron Court Road, BH9 1DE
	7 th Feb 2019	9:30-12:30	Gillingham	Gillingham school
	21 st Mar 2019	9:30-12:30	Poole	Central Library, Dolphin Centre, Poole
	23 rd May 2019	9:30-12:30	Blandford	Skills & Learning Adult Education Centre
	27 th Jun 2019	9:30-12:30	Weymouth	Skills & Learning Adult Education Centre