



The Family Learning Project



FREE Workshops aimed at Parents & Carers

Taking place at Poole Central Library, The Dolphin Centre

Open to anyone 18 or over who lives in Dorset

(including 16-18 year old parents)

To book a place **01202 743279** or email Jane.keyworth@edasuk.org

Workshop Title	Date	Time
Introduction to Autism	Thursday 21 st Feb 2019	9:30-12:30
Understanding Self Esteem	Thursday 21 st Feb 2019	13:00-16:00
Drugs & Addiction	Thursday 28 th Feb 2019	9:30-12:30
Assertiveness	Thursday 28 th Feb 2019	13:00-16:00
Understanding Anger	Thursday 14 th Mar 2019	9:30-12:30
Communicating with Teenagers	Thursday 14 th Mar 2019	13:00-16:00
Stress, Anxiety & Depression	Thursday 21 st Mar 2019	9:30-12:30



Education & Skills
Funding Agency