



CAREY OUTDOOR EDUCATION CENTRE (OEC)

KIT LIST 2019

This is a suggested list which includes clothing to keep you warm, dry and comfortable, as well as safe for a range of activities. Clothes should be old as they may get muddy, damaged etc.

- Sleeping bag and roll mat in a strong bag (Carey can supply a roll mat if required)
- Small pillow
- **Warm clothes and socks to sleep in e.g. track suit very important in early Summer**
- Wash kit and towel
- **Waterproof jacket** and over trousers if possible. Warm jacket
- **Wellington boots are essential**
- **Walking Boots or trainers essential**
- Woollen hat and gloves/sunhat and sun lotion
- Sweaters/sweatshirts and jeans/tracksuits/trousers/shorts
- T-shirts, long sleeve shirts
- Underwear
- Socks – thick and thin pairs
- Medication, if applicable, to be named, placed in a clear plastic bag and handed to school staff

Also

- **Small day rucksack**
- **Polythene bags for wet or dirty clothes**
- Torch and spare batteries
- Hair band for long hair
- Reading book

For meals

- Plate, bowl, mug (unbreakable), knife, fork and spoon in a strong carrier bag to keep them clean and together
- **Named** Water bottle (unbreakable)

Do not bring valuables including radios, mobile telephones, ipods, personal stereos, matches, lighters or pen-knives, no aerosol cans

Please think about the following: clothes should be suitable for outdoors and all weathers to keep you warm, dry and to protect your child from the sun. Pack for staying in a tent and **name all items**.